

CMDS LIFE SKILLS

1st Grade Life Skills

1. Write full name
2. Recite home address and one parent's phone number
3. Pour a bowl of cereal
4. Open a bag of chips
5. Throw, kick and catch a ball with both hands
6. Use utensils correctly
7. Help put groceries away
8. Make a sandwich
9. Copy shapes and letters
10. Tie shoes

2nd Grade Life Skills

1. Know one good joke
2. Make your bed
3. Water house plants
4. Use a broom and dustpan
5. Take out the trash
6. Put own clothes away
7. Help mix, stir or cut in the kitchen
8. Ride a bike
9. Yard work (rake leaves or pick up sticks)
10. Clean a mirror or window

3rd Grade Life Skills

1. Wrap a gift
2. Read an analog clock
3. Pack own lunch
4. Fold clothes
5. Vacuum and empty out vacuum
6. Compose and send an email
7. Unload the dishwasher
8. Wash a car
9. Read 25 books
10. Jump rope

4th Grade Life Skills

1. Wash and dry clothes
2. Hammer a nail
3. Replace light bulbs
4. Hang up clothes on hanger
5. Mop the floor
6. Make change
7. Know how to use a combination lock
8. Read 30 books
9. Hula hoop
10. Clean bathroom sink, toilet and tub

5th Grade Life Skills

1. Write and mail a letter
2. Learn CPR
3. Cook an egg
4. How to iron clothes
5. Clean the inside of a car
6. Dusting
7. Order food online
8. Read 40 books
9. Bake cookies or a cake
10. How to tie a tie

6th Grade Life Skills

1. Read 45 books
2. Mow the grass
3. Change a tire
4. Trim shrubs/branches
5. Follow a recipe and cook a meal
6. Fill a car with gas
7. Use a screwdriver
8. Make a shopping list and go shopping
9. Tie a variety of knots
10. Sew on a button

**Earn House points AND buttons
for your backpack!**