

Christ Methodist Day School



February 2010

2% Milk, Low Fat Chocolate Milk, Bottled Water or Juice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Quesadillas or Chicken Fajita Wrap Mexican Rice Apple Sticks	2 Baked Potato or Pizza Sticks Broccoli Tossed Salad	3 BBQ Chicken Wings or Pork Rib Patty Corn on the Cob Fried Okra	4 Pasta w/Marinara Sauce or Meatloaf Green Beans Tossed Salad	5 Chicken Nuggets or Catfish Nuggets Hushpuppies Fries Cupcakes
8 Chili Cheese Dog or Chili & Cheese Toast Tater Tots Tossed Salad Fruit	9 Chopped Steak or Grilled Chicken Sandwich Macaroni & Cheese Green Peas	10 Parent/ Teacher Conferences NO SCHOOL!	11 Personal Pizza or Chicken Strips Green Beans Corn on the Cob	12 Mini Hamburgers or Corn Dogs Smiley Fries Tossed Salad Strawberry Applesauce
15 President's Day	16 Shrimp Po'Boy or Turkey & Swiss Po'Boy Fried Okra Black Eye Peas 	17 Sweet & Sour Chicken or Egg Rolls Fried Rice Vegetable Sticks Fruit	18 Manwich or Hamburger Baked Beans Slaw Jell-O	19 Enchilada's or Chicken Fajita Wrap Refried Beans Mexican Rice
22 Chicken & Dumplings or Fish Sticks Carrots Tossed Salad	23 Toasted Ravioli or Pasta w/Marinara or Alfredo Sauce Italian Green Beans Fruit	24 Meatball Sub or Philly Steak Sandwich Chips Italian Pasta Salad Jell-O	25 Country Fried Steak or Hot Dog Whipped Potatoes Spinach 	26 Chicken Alfredo or Mini Corn Dogs Peas & Carrots Tossed Salad